

Worthington Hills Country Club

CLUBVIEWS

JUNE 2025



TIES AND TIARAS

Father-Daughter & Mother-Son
Dance

Saturday, June 14th

6:00pm-9:00pm

Adults \$25

Children 4-10 \$15

Dress up and bring your young ones to our dance. Fathers bring your princess, and moms bring your prince to this fun evening with food, dancing, and creating your own crown/tiara!

FATHER'S DAY BUFFET

Sunday, June 15th

10:00am-1:30pm

Adults \$28 Children \$15

Buffet to include:

Fruit Salad

Mixed Greens with toppings and dressing

Broccoli Salad

Caprese Platter

Scrambled eggs

Bacon/Sausage

Potatoes O' Brien

Crème Brûlée French Toast

Omelet Station

Carved Prime Striploin

Chicken Piccata

Blackened Salmon

Parmesan Potatoes

Haricot Verts

Assorted Desserts and Cookies

MEMBER'S WEEKEND

June 27th-29th

Mark your calendars for one of the biggest events at WHCC!

Member's Weekend Schedule of
Events:

Summer Bash: Friday, June 27th

6:00-11:30pm

Live Band: Contagious Til 4

Silent Live Auction

Golf Clash: Saturday, June 28th

8:00am

Tee Times open to Golf & Social
members!

Pool Splash: Saturday, June 28th

12:00-4:00pm

Games, Food & Music!

Tennis Smash: Sunday, June 29th

2:00pm-5:00pm



TRIVIA AT THE PATIO BAR

Tuesday, June 17th
6:00pm-8:00pm

***Regular Dining will be closed on
June 27th due to Members
Weekend**

LADIES BOOK CLUB

Thursday, June 12th
6:30pm

Ladies Locker Room
Black Cave by Ann Leary

Come enjoy our book club
specialty cocktail before the
meeting!

UPCOMING JULY EVENTS

LADIES POOL BAR COCKTAIL PARTY

Tuesday, July 8th
Starting at 6:00pm!



SONG TRIVIA AT THE PATIO BAR

Tuesday, July 22nd
6:00pm-8:00pm

SWIM & DIVE BANQUET

Tuesday, July 15th
6:00pm-10:00pm
Pool will close at 4pm.

This event will be held at the pool.
There will be a buffet starting at
6pm.

Adults: \$20
Children 4-10: \$12

Please make your reservations by
emailing
reservations@worthingtonhills.com
or calling 614-885-9516

CHILDREN'S COOKING CLASS

Wednesday, July 9th
12pm-2pm

\$20/child Ages 5-10

Your little Chefs will be making
cinnamon rolls! The Chef will
also be serving chicken tenders
and fries after for all their hard
work.

KIDS CAMP COMBO

July 30th-August 1st
9:00am to 1:00pm

Ages 5-11
\$175/child

We have plenty of activities
planned including tennis, golf,
fitness, & more!

Reserve your child's spot by
emailing
reservations@worthingtonhills.com

FAMILY STYLE TO-GO

All orders must be placed at least 48 hours in advance by calling 614-885-9516 or by emailing reservations@worthingtonhills.com

Meals serve 4-6 people and include a garden salad with two dressings, rolls and butter

Caesar or House Salad substitution available for \$12

Apple Pie: \$15

Peanut Butter Pie: \$24

Meatloaf: \$80

- Mashed Redskin Potatoes
- Brown Gravy
- Vegetable Du Jour

Chicken Piccata: \$80

- Angel Hair Pasta
- Lemon Caper Butter Sauce
- Vegetable Du Jour

Buttermilk Fried Chicken Breast: \$80

- Mashed Redskin Potatoes
- Gravy
- Vegetable Du Jour

Pot Roast: \$75

- Mashed Redskin Potatoes
- Natural Reduction
- Vegetable Du Jour

Baked Penne Pasta: \$50 (Add chicken \$30 or Shrimp \$45)

- Marinara Sauce
- Grilled Vegetables
- Parmesan Cheese
- Garlic Bread

Beef or Chicken Enchiladas: \$75

- Mexican Red Rice
- Black Beans
- Enchilada Sauce
- Cotija Cheese

THURSDAYS

KIDS NIGHT-
Children eat half off
Dine-in only with an
adult

Sundae bar



HOME STYLE TUESDAYS

Every Tuesday Night - \$18 per entrée

Enjoy your choice of two dinner entrées with salad and sides, all at a great price! Ideal for a family dinner outing.

June 3rd: Johnny Marzetti or Chicken Paprikash

June 10th: London Broil or Shrimp Patties

June 17th: Patty Melt or Baked Cod

June 24th: BBQ Ribs or Fried Chicken

MINIMUM FOOD REMINDERS

Each quarter, primary members need to spend \$150, based on their last name, on food and beverage at the club, excluding alcohol.

Last name of primary member beginning A-F Last day of the month of April, July, October, January

Last name primary member beginning G-M Last day of the month of May, August, November, February

Last name primary member beginning N-Z Last day of the month of June, September, December, March

GOLF NEWS

MEN'S MEMBER- MEMBER SIGN- UP

Signups for the Men's Member-Member will be open from Saturday, June 14th at 9:00 am through Sunday, June 29th at 6:00 pm and will be accepted on a first-come-first-serve basis. The cost of the event is \$350 per member. Please note, after the registration deadline sign-ups will be waitlisted. Waitlisted registrants will only be accepted to fill incomplete flights.

Blue Blazer - **Tuesday, June 10th** and **Thursday, June 12th** Blue Vest - **Tuesday June 10th**

The Blue Blazer and Blue Vest event is a two-person, Net Best Ball, Match Play event.

18-holers Format: Each team will be placed, by handicap index, into flights of 4 teams competing in a single elimination match play format. The teams that win their match on Tuesday will play in their flight finals on Thursday. The teams that win on Thursday will then advance to a shootout. Teams that lose their match on Tuesday will play in a consolation match on Thursday.

9-holer Format: The 9-hole ladies will play the Blue Vest tournament in a similar format. All teams winning their match on Tuesday will have a sudden death chip off to determine the overall winner after play on Tuesday.

Handicap Allowance: A bracket style elimination format will be used. Seeding will be based on overall team handicap. All matches will be played off the low ball in the group with each person receiving 90% of their handicap.

Entry Fee: Included in Golf Association Dues
Starting Times: Tee Times beginning at 8:30 am



SENIOR MEMBER-GUEST **Wednesday, July 16th**

The Senior Member – Guest is a great way for you to showcase your club to your friends playing in similar senior organizations.

Play will start at 9:00 am.

The format is 1 Net Best Ball of 2. The entry fee is \$100 and includes greens fees, continental breakfast, lunch, cart, and prizes. The deadline to sign up is Sunday, June 29th at 12:00 pm.

PARENT-CHILD CHAMPIONSHIP

Saturday, June 14th, 2025
Times T.B.D

Bring the whole family out for this fun event! Parents, grandparents, aunts, and uncles can play with children, grandchildren, nieces, or nephews of all ages. If you are playing with more than one child, niece, or nephew you can still participate by alternating shots with each of them. All golf members and their children are eligible.

FRIDAY NIGHT COUPLES- JUNE 13TH

The format for Friday Night Couples is a unique and fun format that will include everyone in scoring. Friday Night Couples will be themed events.

Each event will include a specific theme for golf. We encourage all golf couples to play! The formats will follow per event.

Also, with each theme there will be a best-dressed competition, and we will announce the winners before we send you off, make sure you arrive early so we can declare the winners!

2025 Junior Golf Offerings

Junior Golf Clinics

New this year, our very popular Junior Golf Clinics will be held on Wednesday mornings in June and July. These clinics are filled with great introductory lessons designed to help your junior golfer learn every aspect of the game in a fun and friendly environment. Our professional staff will provide instruction on Putting, Short Game and Full Swing throughout the clinics. The cost of these clinics is \$25 per session.

Clinic Dates

Wednesday, June 4th – Short Putting
Wednesday, June 11th – Chipping
Wednesday, June 18th – Full Swing Irons
Wednesday, June 25th – Long Putting
Wednesday, July 2nd – Pitching
Wednesday, July 9th – Full Swing Woods
Wednesday, July 23rd – Game Day (Test all your abilities!)

Clinic Age Divisions and Starting Times

Boys and Girls Ages 9-11: 9:15 am – 10:00 am
Boys and Girls Ages 7-8: 10:15 am – 11:00 am
Boys and Girls Ages 5-6 : 11:15 am – 12:00 pm

Please sign up for all Junior Golf Clinics in advance!

Junior High Beginner Clinics

Tuesday afternoons in June and July, we will be hosting Junior High Beginner Clinics. This will be a great opportunity for kids who have aged out of the traditional youth clinics but are still looking for some guided instruction. They will be beginners to intermediate level clinics for those transitioning to more individualized instruction. They will be limited to the first 6 individuals and begin at 4:00 pm. If increased turnout creates more demand, a second instructor will be added, and we will open more slots. The dates and times are as follows:

Clinic Dates and Times

Tuesday, June 10th @ 4 pm – Putting
Tuesday, June 24th @ 4 pm – Short Game
Tuesday, July 8th @ 4 pm – Full Swing Irons
Tuesday, July 22nd @ 4 pm – Full Swing Woods

The cost per clinic is \$25. PLEASE SIGN UP IN ADVANCE.

Junior Golf Play Days

Wednesday Mornings from June 4th through July 23rd, 2025

Note: No Junior Play Day on Wednesday, July 16th due to Senior Member/Guest
7:30 am Start

Bring your junior out on Wednesday mornings for an on-course experience. Juniors have the option to play 4, 6, 9 or 18 holes. We ask that parents or babysitters be present to help juniors navigate around the course. Our professional golf staff will be present at the start to help organize and answer any questions. Please be mindful that if your junior golfer will be attending junior clinics on Wednesdays, that play times may be limited.

ADVANCE SIGN UPS WILL BE REQUIRED.

NEWS FROM THE COURTS

Dear Tennis Players,

Summer is here!! It's been a great start to the summer so far with lots and lots of great tennis and pickleball here at Worthington Hills. We had outstanding Opening Night Events for both tennis and pickleball with packed houses both nights. Thank you to the members of the Tennis Committee who worked hard to make both nights a success!

June is my favorite month of the summer because it includes the Members' Weekend Tennis Smash. This is a great event where we say "thank you" to all the members, but especially those who use and support the tennis program at Worthington Hills. All are invited to come out to either play some tennis, or just enjoy some food and beverage and watch your fellow members play. Then around 4pm, the Pro's will play an exhibition match and you can bet on my (the winning) team to win and have a chance of going home with a pocket full of cash! It's a great event and emphasizes to myself and my staff that we are fortunate to be part of such a tremendous community!

We will also have our first Pickle and Pizza Night on June 13th. Last year our Pickle and Pizza night's were a ton of fun for our members and we're expecting the same this summer! Sign up now and come out and meet new people, play the world's fastest growing sport and enjoy some pizza and beverages!

It's been great seeing everyone so far this summer! If there's anything we can do to improve your tennis experience at Worthington Hills, please reach out to us at whcctennis@gmail.com.

We look forward to seeing you on the courts!!

–Amos Allison

Head Tennis Professional
Worthington Hills Country Club

MEN'S TENNIS AND BEER LEAGUE

Every Wednesday night from 6:30-8:30pm

Players will be placed on a court with 3 similarly skilled players. They will play 1 no-ad set (with a no-ad tiebreaker at 6-6) with each player on their court for a total of 3 sets.

We will record scores each week and try to place players on a court based on their previous results. Players **MUST SIGN UP 24 HOURS IN ADVANCE** to play in this league as it helps us to achieve structured match-ups every week. We understand that not everyone will attend each week, but we will do our best to ensure good match-ups and we will have staff play in on nights we do not have even numbers.

Each player will receive a free beer each week they play. Cost is \$5 per week!

2025 CALENDAR OF EVENTS

Sunday, June 29th Members' Weekend Tennis Smash | Time TBD

Saturday, July 12th Women's Member-Guest | 9am-12pm

Monday, Sept 1st Club Championship Finals | Sign up between June 1st-July 4th

Sunday, Sept 14th Men's Member-Guest | 9am-12pm (subject to change)

FRIDAY NIGHT MIXED DOUBLES

This event is held every week on Friday nights at 6:30 pm, except for the Friday of Member's Weekend. Players of all levels and abilities are encouraged to show up and enjoy an organized but casual Round Robin of tennis. Certain nights are themed nights such as 1- point tournament night, Wimbledon Whites night, and retro racquet night.

Cost: Each member gets a free drink ticket, and cost is free with a Tennis Association membership. Members without a Tennis Association membership will be billed the Tennis Association fee.

WHCC TENNIS AND PICKLEBALL FACILITIES

Worthington Hills boasts the nicest and most active tennis and pickleball facilities of any club in Columbus. We have three hard tennis courts that are lighted and get play all year around. The hard court closest to the parking lot also has a hitting wall for those players who like an opponent who never misses. We also have 10 of the best clay courts around. Four of our clay courts are lighted to allow play when the sun goes down. Our pickleball courts are located behind the pool and can be viewed as you drive into the club. Those six pickleball courts were brand new last year and have been the envy of all pickleball players in the area.

EMAIL

We communicate through the whcctennis@gmail account. If you have never received an e-mail from this account, please send us an e-mail and we'll make sure to add you to our contact list. You can use the e-mail to find out information about upcoming events, and to reserve a court. We try to send out an email weekly with upcoming events as well as any other important news.



GCTA TEAMS

Men's GCTA Teams We have a teams at the 3.0, 3.5, 4.0, Open, Gold, and Silver level. The cost is a \$15 GCTA-fee per team that you are on, plus an additional cost for matches that you play in. Most matches are played on Saturdays and Sundays. Please let us know if you are interested in participating on one of these teams by emailing us at whcctennis@gmail.com.

Women's GCTA Teams We have both daytime and evening teams at the 2.5, 3.0, 3.5, 4.0 and 4.5 levels. The cost is \$15 GCTA-fee per team that you are on, plus an additional cost for matches that you play in. All matches are played during the week, either in the morning or in the evenings. Most teams have clinic days that we encourage, but you are not required to attend them. Please let us know if you are interested in participating on one of these teams by emailing us at whcctennis@gmail.com.

TENNIS ASSOCIATION

Please remember to join the Tennis Association. Membership costs are only \$40 per family and allows you to participate in the following: Friday Night Mixed Doubles, Member's Weekend Tennis Smash, GCTA Teams, Junior Tennis Summer Kickoff, Club Championship, Tennis 101, Men's Night, and the Member Guest Events. Please note that some of those events have other costs associated with them, but our Tennis Association fees help us to subsidize these great events and with them we're able to give great prizes and free drinks!

BEGINNERS - TENNIS 101/201

Want to learn tennis? Come out on Tuesday and Thursday nights from 6:00-7:30pm to participate in our Tennis 101 and 201 classes. Our instructors do a great job of introducing the game of tennis and teaching all the basic strokes, skills, and strategies, and include friendly match play once players are advanced enough for it. We have plenty of demo racquets that you can use as many times as you'd like, so you do not need to purchase a racquet until you're ready to. The cost is the standard clinic price (found below), and we often have free adult beverages at the end of a good clinic. Both men and women are invited to join! Email us at whcctennis@gmail.com for more information or to get signed up!

Proposed Women's Daytime Clinic Schedules (subject to change)

2.5 Clinic - Mondays 10am-12pm, matches on Tuesday mornings

3.5 Clinic - Mondays 8:30-10am, matches on Wednesday mornings

3.0 Clinic - Tuesdays 9-11am, matches on Thursday mornings

3.0 Clinic - Wednesdays 9-11am, matches on Thursday mornings

4.0 Clinic - Fridays 9-11am, matches on Tuesday mornings

Proposed Evening Clinic Schedules (subject to change)

3.0 Men's Clinic - Mondays 6:00-8:00pm home, home matches Saturdays at 11am Tennis 101/201 Clinic - Tuesdays & Thursdays 6:00-7:30pm

Ladies' 3.0 Clinic - Wednesdays 6:30-8:30pm, matches Monday evenings

Men's 3.5+/4.0 Clinic- Wednesdays 6:00-7:30 matches Saturday mornings

Ladies' 3.5 Clinic - Thursdays 6:30-8:30pm, matches Tuesday evenings

Men's 3.5 Clinic - Thursdays 6:30-8:30, home matches on Saturdays 9am (and Sunday if we have two teams)

LESSON & CLINIC PRICING

This summer we will be having "drop-in clinics" for our GCTA teams. Please check with your captain or pro before attending a clinic of a team you're not rostered on. All adult clinics will cost \$20 per hour.

Adult clinics will consist of 4 or more people and include: Men's and

Women's GCTA team clinics; Tennis 101 and 102; any other organized workout/aerobic clinics. Please note that if we do not get consistent participation of 4 or more players, we will cancel that clinic and make it a private group clinic. Private lessons will consist of 1-3 people. All adult clinics will be billed through WHCC, and private lessons can be billed/paid according to what is convenient to each person. We will do our best to get bills turned into the office on a daily basis so they can be shown on your statements. We will also have records of all clinics and lessons attended that get billed through the club, so feel free to ask for an update at any time.

Private Lessons and Group Clinics Pricing

Per Hour: Per 1.5 hr Per 2 hr

1 person \$75 per person \$100 \$140

2 people \$40 per person \$50 \$65

3 people \$25 per person \$35 \$45

4+ people \$20 per person \$30 \$35



WOMEN'S MEMBER-GUEST

Saturday, July 12th

9:00am-12:00pm (with lunch after)
Members and guests enjoy a great morning of tennis, followed by a delicious lunch in the clubhouse. All members and guests receive a nice gift.

CLUB CHAMPIONSHIPS

Finals are played on Monday, September 1st, Labor Day. All other matches are played throughout the month of August.

We have a tournament for every level (3.0, 3.5, 4.0 and Open), men's women's, singles, doubles and mixed doubles.

The club championship match day is a great day as over a hundred members come out to watch their fellow members compete for a title. The day also includes a pros' exhibition, raffles, a grilled lunch, and a cash bar.

Cost: Entry fee is free with Tennis Association membership. Beer and wine are free, and the grilled lunch will have an additional fee.

SOCIAL MEDIA CORNER

Instagram Follow us at @whcctennis. Also, feel free to tag us in any great pictures you take of our tennis program.

Facebook Like and share the Worthington Hills Tennis Facebook page. You can find information on upcoming events and even sign up for some of them.

Junior Tennis Team

Calling All Junior Tennis Stars!

Want to compete for Worthington Hills Country Club and take your game to the next level? Join our Junior Tennis Team! This is a fantastic opportunity for junior players of all skill levels to gain valuable match experience in a fun and supportive environment. You'll develop your skills, teamwork, and sportsmanship while representing the club in exciting matches against other area teams.

Matches will be on Fridays at 12:30-2:30pm beginning June 13th.

Don't miss out! Sign up today! Your \$40 registration fee includes a team shirt or hat to show your club pride on and off the court.

SUMMER TENNIS & PICKLEBALL CAMPS

Times: Morning Camper 9:00am-Noon

Afternoon Camper 1:00-4:00pm

Full Day Camper 9:00am-4:00pm

Dates:

Session 1 June 10-13

Session 2 June 24-27

Session 3 July 8-11

Session 4 July 22-25

Session 5 August 5-8

Cost: \$230 per session: Morning or Afternoon

Camper only \$390 per session:

Full Day Camper (9:00am-4:00pm)

Sign up prior to May 31st and receive a 10% discount

Email Jamie at WHCCTENNIS@Gmail.com to sign up!

SUMMER JUNIOR TENNIS CLINICS

Prepare for an unforgettable summer filled with Junior Tennis Camps, Clinics and Lessons at WHCC!

With summer just around the corner, now is the perfect time to start planning your child's tennis experience.

Contact Jamie at whcctennis@gmail.com to learn more and join our email list today.



SMASH & SPLASH TENNIS CLINICS

Calling All Junior Swimmers! Get some time on the court before or after swim practice! These dynamic clinics take place before or after your child's swim practice, offering a perfect transition from court to pool (or pool to court).

Schedule:

We're working with Dan to find the ideal times for classes before or after swim practice.

All age groups participate at the same time but on different courts.

Limited Spots Available! Don't miss out!

Ready to Sign Up?

Email Jamie at whcctennis@gmail.com

We look forward to seeing them on the court (and then in the pool)!

Summer Junior Tennis Clinic Schedule - Starting June 2nd

Mighty Mites (ages 3-5/6)

Monday - Thursday 12:00 to 12:30 pm

Friday and Saturday 9:00-9:30 am

\$10 Per Class

Future Stars (Ages 6/7-8)

Monday-Thursday 12:30 to 1:30 pm

Friday and Saturday 9:30-10:30 am

\$20 Per Class

Shooting Stars (Ages 8-10)

Monday-Thursday 12:30 to 1:30 pm

Friday and Saturday 9:30-10:30 am

\$20 Per Class

Junior Development (Ages 11+)

Monday-Thursday 1:30 to 2:30 pm

Friday and Saturday 10:30-11:30 am

\$20 Per Class

*Classes are offered six days a week, but your child does not need to attend every class.

Email Jamie at whcctennis@gmail.com to sign up!

MEMBER'S WEEKEND TENNIS SMASH

Sunday, June 29th

2:00-5:30 PM

This event will begin with light snacks and a full bar for members to enjoy while playing an organized and social round robin of tennis until 4:00pm.

Players are able to win raffle tickets that can be used to claim prizes. A grilled lunch will begin at 4pm while members gather around to watch the pros compete. Members will also have an opportunity to win cash in a 50/50 raffle by betting on their favorite pro.

Cost is \$10 which includes snacks and drinks. There will be an additional charge for the grilled lunch for those who would like it.

MEN'S MEMBER-GUEST

Sunday, September 14th (subject to change)

9:00am-12:00pm

We usually hold it in late August, but last year we moved it to accommodate all the championship league matches that need to be played prior. We will look at the schedule and do whichever time most members prefer. No matter what, members and guests will still enjoy a fun and competitive morning of tennis, followed by a delicious lunch out at the tennis courts.

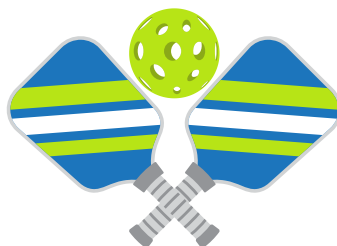
All members and guests receive a gift.

PICKLEBALL NEWS 2025

Pickleball continues to grow all over the world and it's continuing to grow at Worthington Hills. We are excited to have another year with our phenomenal pickleball complex. If you haven't been down there already, I encourage all members to stop by and see what the excitement is all about!

New and improved Facilitated Open Play!!

All Worthington Hills members are invited to come out every Monday and Wednesday 6-8pm for Facilitated Open Play. We will reserve 4 courts and all Open Play players will check in with the Pro when they arrive and pairings and play format will be determined by the Pro. It's a great way to meet new people, play good pickleball, get some exercise and have fun! All Open Play participants must join the Tennis/Pickleball Association (most folks have already joined this) but they will also receive a free drink each time they attend.



Morning Member-Run Open Play!!

All Worthington Hills members are invited to come out on Monday, Wednesday and Friday Mornings 9-11am for Member-Run Open Play. There's been a great group of folks who have been coming out on those mornings for a fun, social game of pickleball. All experience levels are welcome and encouraged to come out and get your day started with some fun pickleball!

Friday Night Pickle and Pizza!!

Friday, June 13th 6-8pm

Come out and enjoy a fun evening of pickleball, some delicious Pizza and of course some refreshing beverages. We will have a Pro there to facilitate play and make pairings and rotations. We'll have someone who's able to run drinks from the pool bar for those who play better with a little liquor in them and a cooler of both alcoholic and non-alcoholic beverages. All players will get a free drink ticket and the rest of the drinks will be member charge. Cost is \$20.

Family Pickleball Clinics:

Schedule a family pickleball clinic with Abby and enjoy 1.5 hours of instruction, drills, games and fun! Invite grandparents, aunts, uncles and cousins and make it a fun experience for the whole family. Contact us to set up a time that works. Gatorade will be provided. Cost is \$100

Pickleball Zone Leagues!!

Want to represent Worthington Hills as we dominate the city in league play? Sign up to play in the Pickleball Zone league that plays on Sunday afternoons. It's a travel league so matches could be at WHCC or could be at one of the inferior facilities around the city. The league has 4 different levels with level 1 being the most beginner and level 4 being the most advanced. We also have Men's and Women's 50+ teams that play on Friday's at 9:00 am. If you're interested in playing or captaining, please send us an e-mail at Whillspickleball@gmail.com.

If you haven't already, send us an e-mail at whillspickleball@gmail.com and we'll add you to our distribution list and you can keep up to date with all pickleball information. It's a great sport for all ages and skill levels!

AQUATIC NEWS

A note from the Aquatics Director....

I hope most of you were able to spend at least part of your Memorial Day Week with us at the pool. It was great to see so many faces after a long winter.

As we enjoy our summer days at the pool, please be mindful of all our rules we have in order to keep everyone safe. We encourage the use of life jackets and urge parents to keep an eye on their young swimmers while they are in the pool. Our lifeguards are here to keep everyone safe, and to make sure rules are being followed, but there is no substitution for individual adult supervision.

As always, feel free to reach out with any questions or concerns.

See you poolside,
Dan

Home Swim Meets

June 2 - Pool Closes at
4pm

June 16, 30 - Pool closes at
3pm

Important Swim and Dive Team Dates

April 1	Swim and Dive Team Registration Opens
April 13	Swim & Dive Open House: 1:00p-2:00p
April 13	New Parent Orientation: 2:00p
May 23	New Swimmer Evaluation 10:00a – 12:00p
May 27	First Day of Practice
June 9	Worthington Hills @ The Lakes
June 16	New Albany @ Worthington Hills
June 23	Worthington Hills @ Scioto
June 30	Brookside @ Worthington Hills
July 4	Team Float in the parade
July 7	Worthington Hills @ TCC
July 10	Dive Championships @ New Albany
July 12	8 and Under Swim Championship @ UAHS
July 14	9 and Over Swim Championships @ UAHS
July 15	Swim and Dive Team Banquet (Rain Day, July 16)

WHCC SUMMER SWIM LESSONS

From beginners to advanced swimmers, our new and improved lessons program is designed to teach water safety and stroke development for children of all ages.



SESSIONS:

Learn to Swim A June 9-19 10:00-10:30 am Mon - Thur Levels 2, 3 & 4
Learn to Swim A June 9-19 10:30-11:00 am Mon - Thur Levels 1, 2 & 3
Learn to Swim A June 9-19 11:00-11:30am Mon - Thur Levels 1 thru 4

Parent & Child 1 June 23 – 26 10:15-10:45am Monday – Thursday

Learn to Swim B July 7-17 10:00-10:30 am Mon - Thur Levels 2, 3 & 4
Learn to Swim B July 7-17 10:30-11:00 am Mon - Thur Levels 1, 2 & 3
Learn to Swim B July 7-17 11:00-11:30 am Mon - Thur Levels 1 thru 4

Learn to Swim C July 21-31 6:00-6:30 pm Mon - Thur Levels 1 thru 3
Learn to Swim C July 22-31 6:30-7:00 pm Mon - Thur Levels 1 thru 3
Parent & Child 2 July 16-25 6:00-6:30pm Tuesdays and Thursdays

CLASS LEVEL PREREQUISITES FOR SWIM LESSONS:

Level 1:

Child is able to take lessons independent of a caregiver. PARENTS WILL NOT BE IN THE WATER.

Level 2:

Child is able to blow bubbles for 5 seconds, completely submerge head for 3 seconds, jump into 3 ft deep water, swim 5 seconds with whole face in water and be comfortable floating on back.

Level 3:

Child is able to float on front and back for 5 seconds, swim front and back crawl for 15 feet without stopping, and be able to kick with a kickboard for 15 yards.

Level 4:

Child is able to swim front crawl with rotary breathing for 15 yards, swim backstroke for 15 yards and tread water for 30 seconds.

POOL HOURS

Monday – Thursday 11:00am to 9:00 pm

Friday 11:00am to 10:00 pm

Saturday 10:00 am to 9:00 pm

Sunday 10:00 am to 8:00 pm

POOL FAMILY FUN DAYS

Members Weekend - Saturday, June 28

Labor Day Weekend - Monday, September 1

FAMILY FLOAT NIGHT

Every Friday Evening at the Pool –

7:00 to 10:00 pm

We encourage children to bring noodles, floating sticks and small inner tubes. This has become a tradition that many families take advantage of each week. It's a great way to relax and socialize with your friends and neighbors at WHCC. Large rafts and floats will no longer be permitted. We reserve the right to limit raft size based on crowd.

Adult Lap Swimming

Monday – Friday Mornings 6:30am to 8:00am

Saturday and Sunday Mornings 9:00am – 10:00am



FITNESS AND WELLNESS NEWS

GROUP FITNESS SCHEDULE

Monday:

6am Sunrise Spin with Kerri
9am Strength with Camille
10am Yoga with Sherri
1pm Senior Fit
5:15pm Strength and Tone
6:15pm Tabata

Tuesday:

9:30am Total Body with Taylor

Wednesday:

6:00am Cardio Weights
8:00am Water Aerobics
5:15pm Strength and Tone
6:15pm Tabata

Thursday:

8am Yoga with Lindsay

Friday:

6:00am Cardio Weights
8:00am Water Aerobics

Saturday:

8am Spin with Kerri
9am Yoga with Lindsay

FITNESS SESSIONS

Join one of our fitness class offerings throughout the season or contact Taylor at tbayer@worthingtonhills.com or call/text **614-254-9511** to set up a consult appointment with Taylor, Darray or Cwinn!

Fees:	30 Min:	45 Min:	1 Hour:
1 Session	\$40	\$50	\$60
4 Sessions	\$145	\$180	\$220
8 Sessions	\$275	\$340	\$410
10 Sessions	\$320	\$400	\$480
12 Sessions	\$360	\$450	\$540

A Tabata workout is a form of high-intensity interval training (HIIT). The Tabata Protocol Workout characterized by short, intense bursts of exercise (20 seconds) followed by brief rest periods (10 seconds), repeated eight times for a total of four minutes. Jodi will be including a deep stretch and some ab exercises as well.



MASSAGE THERAPY AT WHCC

Life is hard. Let us give you the break you need. Everyone has a lot of stressors to juggle these days with family, career, and managing the home, just to name a few. A little self care can go a long way. Right here, in our fitness center, we offer several different services that can make your day. From a Swedish massage to melt away your stress or deep tissue massage to release tension both mental and physical, plus many other options. Go to the website app to schedule your massage today!

Online Scheduling: You may schedule your massage online through the WHCC App or the link on our website under Massage Therapy: <https://WHCCTherapeuticMassage.as.me/>

Paula: 614-849-2967

Payton: 614-948-7772 (new number)

Choose from these massage modalities:

- Swedish
- Myofascial Release
- Active Isolated Stretching
- Deep Tissue
- Newborn
- Hot Stone
- Sports
- Cupping
- Craniosacral Therapy
- Prenatal
- Trigger Point Therapy

Add Ons:

- Kinesio Taping: \$10 with your own tape & \$15 without tape
- Cupping may be incorporated into any massage upon request

For pricing information or any questions, please feel free to call Paula!

MAY HIGHLIGHTS

WHCC MEMORIAL TOURNAMENT



MEMORIAL COCKTAIL EVENT



MOTHER'S DAY BRUNCH



KENTUCKY DERBY PARTY



JUNE 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Intrasquad Home Meet	3 Homestyle Tuesday	4	5 Member-Guest Patio Closed	6 Member-Guest	7 Member-Guest
8	9	10 Homestyle Tuesday	11	12 Ladies Book Club	13 Friday Night Pickle & Pizza Friday Night Couples	14 Ties and Tiaras
15 Father's Day Buffet	16 Home Swim Meet	17 Homestyle Tuesday Trivia at the Patio Bar	18	19	20	21
22	23	24 Homestyle Tuesday	25	26	27 Member's Weekend Summer Bash Regular Dining Closed	28 Member's Weekend Golf Clash Pool Splash
29 Member's Weekend Tennis Smash	30 Home Swim Meet					

Hours

Childcare

Sunday: Closed
Monday- Saturday 8:00am-1:00pm & 4:00pm-9:00pm

Golf Pro Shop

Closed Monday
Tuesday-Sunday 7:30am to 8:00pm

Learning Center

Closed Monday
Tuesday-Sunday 7:30am to 8:00pm

Fitness

Monday-Friday 5:30am to 9:00pm
Saturday-Sunday 7:00am to 8:00pm

Bar' 63 & Grill Room

Monday	Closed	
Tuesday-Thursday	11:00am to 9:30pm	
Friday-Saturday	11:00am to 10:00pm	
Sunday	10:30am to 3:00pm	4:30-8:30pm

Men's Lounge

Tuesday-Friday	9:00am to 7:00pm
Saturday-Sunday	7:00am to 6:00pm

