



# CLUB VIEWS

## ADULT SPRING BREAK PARTY

### PROSPECTIVE MEMBER EVENT

Open to all members,  
friends and referrals!

**FRIDAY, MARCH 11TH**

7:30 pm  
Cocktails and Heavy Hors  
D'oeuvres

9:00 pm to Midnight  
Live Entertainment featuring  
"The Menus"

Members and Guests:  
\$25 per person  
Prospective Members:  
Free  
Member Charge and Cash Bar

This is a great opportunity  
to bring your friends and  
prospective members to the  
club for a fun event! It is  
also a social event for our  
membership. You are not  
required to bring a prospective  
member to attend the party.

RSVP by calling the club at  
614-885-9516 or email  
reservations@worthingtonhills.  
com.

If you are bringing a  
prospective member, you must  
signify how many prospective  
members you will be bringing  
and include their names when  
you make your reservation.

WHCC staff will be on hand to  
discuss the Spring Membership  
Campaign and answer any  
questions.



## WE ARE LOOKING FOR MEMBERS LIKE YOU!

The Board of Directors would like you to be a part of the Executive Recruiting Team of Worthington Hills Country Club! As a valued member of the club, we hope you will choose to be an active part of our efforts because of your dedication and support of WHCC. The job is simple and you and your club can only benefit from your efforts.

We are looking for members like you and are asking you to create personal referrals and assist with our recruitment efforts. We hope you can help promote the club to your friends, neighbors and business associates. We need your help in making this one of the most successful membership recruitment campaigns to date. We look forward to your support!

### How Do I Refer A Member?

You can contact the following staff members with the name and contact information of your prospective member. Once we receive the referral contact information, we will contact them to answer questions and offer a personal tour of our facilities.

Tara Billiter  
Membership Director  
614-885-9516  
tbilliter@worthingtonhills.com

Greg Steller  
General Manager  
614-885-9516  
gsteller@worthingtonhills.com

## SPRING MEMBERSHIP CAMPAIGN 2011

### Do I Receive Any Incentive for Referring A New Member?

Each member will receive a  
bonus/credit towards their  
monthly statements for any  
referral that joins the club. This  
bonus will be divided over a  
ten-month period.

### The referral bonus will include the following:

- Golf Member*  
\$300
- Junior Golf Member*  
\$250
- Social Member*  
\$150
- Clubhouse Member*  
\$75

### Do You Offer Any Prospective Member Events?

YES! We encourage you to  
invite your referrals to the Adult  
Spring Break Party featuring  
music by The Menus! Let  
them experience firsthand the  
friendly environment WHCC  
has to offer to them. This fun  
event was a huge success last  
year. Reservations are required  
48 hours in advance (including  
prospective member names).  
More details can be found in  
this newsletter.



## MEMBERSHIP PROMOTIONS

All promotions will end on April 30, 2011!  
No monthly dues until April 1, 2011!

### GOLF TRIAL MEMBERSHIP (Two-Year Trial Membership)

- \* No Initiation Fee During Trial Membership
- \* Total Monthly Dues: \$465 per month
- \* Initiation Fee only \$3,000 at end of trial membership with possible incentives.

#### Additional Perks:

- \* No Driving Range Fee during the first year of membership!
- \* Complimentary Golf Lesson
- \* 3 Greens Fee Guest Passes

### SOCIAL TRIAL MEMBERSHIP (One-Year Trial Membership)

- \* No Initiation Fee During Trial Membership
- \* Total Monthly Dues: \$240 per month
- \* Initiation Fee only \$500 at end of trial membership with possible incentives.

#### Additional Perks:

- \* One Complimentary Fitness Training Session

### JUNIOR GOLF TRIAL MEMBERSHIP

Under Age 40  
(Two-Year Trial Membership)

- \* No Initiation Fee During Trial Membership
- \* Monthly dues based on age of member
- \* Initiation fee only \$1,000 at end of trial membership with possible incentives.

#### Additional Perks:

- \* No Driving Range Fee during the first year of membership!
- \* Complimentary Golf Lesson
- \* 3 Greens Fee Guest Passes

### FITNESS - CLUBHOUSE TRIAL MEMBERSHIP (Two-Month Trial Membership)

- \* No Initiation Fee & No Monthly Dues During Trial Membership

#### Additional Perks:

- \* One Complimentary Fitness Training Session

## MARCH MADNESS!!

### NCAA Men's Basketball Tournament

The WHCC Activities Committee will host a March Madness Tournament Pool. Brackets will be available on March 14th and must be returned to Michael Will by Noon on March 17th. Enter as many times as you would like, each entry is a \$5 Member Charge. All wins will be worth one point. The three entries with the most points will win. In the event of a tie, the score of the championship game will determine the winner.

#### 100% cash payout as follows:

First Place	60%
Second Place	25%
Third Place	15%

## CHILDREN'S TOURNAMENT POOL

### Open to Member Children ages 7-15 years of age

No Entry Fee  
Limit One Per Child

Brackets will be available on March 14th and must be returned to Michael Will by Noon on March 17th .

All wins will be worth one point

The child with the highest score wins a gift basket from WHCC full of toys, candy and club perks valued at over \$100!

## March Bar Specials & Happy Hours

### MARCH SPECIALS

Half Price on All Liquor, Beer, Wine by the Glass and Appetizers!

5:00 to 6:00 pm  
Every Wednesday, Thursday and Friday in the Men's or Couple's Lounges!

### NEW MEN'S LOUNGE WEEKEND HOURS

Friday and Saturday Nights  
Open from 6:00 pm to 11:00 pm  
Ladies are Welcome!

### MEMBERSHIP HAPPY HOUR

FRIDAY, MARCH 4TH  
McCarter Room  
6:00 to 7:00 pm

Complimentary beer, wine and light hors d' oeuvres.

Live Music in Grill Room  
6:00 to 9:00 pm

*As always, we encourage dinner reservations after the Happy Hour. Make reservations by calling the club at 885-9516 or email reservations@worthingtonhills.com*

### LADIES NIGHT HAPPY HOUR

WEDNESDAY, MARCH 16TH  
7:00 to 9:00 pm  
Couple's Lounge

Enjoy \$5 Martini Specials and Appetizer Specials

### BEER OF THE MONTH

Saranac  
Irish Stout  
\$4.50

### BONUS MEMBERSHIP HAPPY HOUR

FRIDAY, MARCH 18TH  
In the Men's Lounge  
6:00 to 7:00 pm

Complimentary Beer, Wine and Light Hors D'oeuvres

Come to the club to enjoy a bonus happy hour and dinner in our dining rooms.  
Live Music in the Grill Room  
6:00 to 9:00 pm

*RSVP for dinner by calling the club at 885-9516 or email reservations@worthingtonhills.com.*



*Chef's Specialty Dinner Nights*

**STEAK NIGHT**

**SATURDAY, MARCH 12TH**

*Reservations from 5:30 to 9:00 pm*

Three Choices of Steak  
Tenderloin, Strip Loin & Ribeye

The Chef will bring the options of steak right to your table and let you decide how thick you would like your steak. The steak dinner will include your choice of soup or salad and accompanying side items.

Market Price  
Depends on weight of the steak.

RSVP by calling the club at 885-9516 or email to [reservations@worthingtonhills.com](mailto:reservations@worthingtonhills.com)

**SEAFOOD RAW BAR SPECIAL**

**FRIDAY, MARCH 25TH**

*Reservations from 5:30 to 9:00 pm*

Featuring Shrimp, Oysters on the Half Shell, Crab Claws, and Scallops.

Market Price

*Make reservations by calling the club at 885-9516 or email to [reservations@worthingtonhills.com](mailto:reservations@worthingtonhills.com).*

**SENIOR TRIBUTE NIGHTS**

**NOT JUST FOR SENIORS!**

Every Tuesday Night in March we will feature two dinner entrees at the price of \$11.00 per entrée. The entrée will include your choice of soup or salad and accompanying side items. A great meal at a great price, perfect for taking the entire family to dinner!

*Tuesday menu to include:*

**March 1st**  
Buttermilk Fried Pork Chop  
or  
Seafood Lasagna

**March 8th**  
Grilled Chicken Fettuccini Alfredo  
or  
Breaded Salmon Cakes

**March 15th**  
Corned Beef and Braised Cabbage  
or  
Sheppard's Pie

**March 22nd**  
Eggplant Parmesan  
or  
Beef Pot Roast

**March 29th**  
Beef Stroganoff  
or  
Herb Crusted Tilapia

**EUCHRE NIGHT**

All Couples Welcome, Adults Only



**SATURDAY, MARCH 26TH**

7:00 pm  
Men's Lounge

Bring a partner and come meet other members! Let us know if you need to be paired with someone. Enjoy dinner in our dining areas before the euchre tournament starts in the Men's Lounge.

Sign up by calling the club at 885-9516 or email [reservations@worthingtonhills.com](mailto:reservations@worthingtonhills.com).

**WHCC LADIES BOOK CLUB**

**THURSDAY, MARCH 3RD**

6:00 pm  
Ladies Locker Room

Book: *Sense and Sensibility*  
by Jane Austen

The WHCC Ladies Book Club is welcoming new members. This group has scheduled book discussion dates for the first Thursday of each month at 6:00 pm. This is a great opportunity to make new friends at the club while discussing books of all genres. If you are interested in joining the group, feel free to stop by the next meeting and join in on the fun!

**COOKING CLASSES**

**CHILDREN'S COOKING CLASS SATURDAY, MARCH 26TH**

Theme for Class: "Healthy Snacks"

11:00 am to 1:00 pm  
\$14.95 per child

Lunch is included!

Available for children in the second grade or older.

Space is limited

*Call the club to make your reservations at 885-9516 or email [reservations@worthingtonhills.com](mailto:reservations@worthingtonhills.com)*

**ADULT COOKING CLASS WEDNESDAY, MARCH 30TH**

Theme for Class: "Spring Grilling"

6:00 to 8:00 pm  
Cost: \$29.95

Dinner is Included!

*RSVP by calling the club at 885-9516, as this class is limited to the first 12 people.*

**RESERVATIONS**

Please make reservations in advance for all dining and social events. Reservations help our staff prepare properly to ensure an excellent experience for you and your guests. Reservations for dining and events can be made at the front desk or by calling the club at 885-9516. Some reservations can be made by emailing [reservations@worthingtonhills.com](mailto:reservations@worthingtonhills.com). Thank you.

**DINING CLOSURE**

A la carte dining will not be available on Friday, March 11th due to the Adult Spring Break Party. Please remember to call the club to make your reservations for the Adult Party today!



## MARK YOUR CALENDARS! UPCOMING APRIL EVENTS

### MEMBERSHIP HAPPY HOUR

#### FRIDAY, APRIL 1ST

McCarter Room  
6:00 to 7:00 pm

Complimentary Beer, Wine and  
Light Hors D' Oeuvres.

Live Music in the Grill Room  
6:00 to 9:00pm

As always, we encourage  
dinner reservations after the  
Happy Hour. RSVP by calling  
the club at 885-9516 or email  
reservations@worthingtonhills.  
com.

### CHILDREN'S EASTER EGG HUNT & BRUNCH WITH THE BUNNY

#### SATURDAY, APRIL 23RD

10:30 am Brunch and Pictures  
with the Easter Bunny

Entertainment:  
Balloon Sculptor

Egg Hunt Following Brunch  
11:30 am (Approx)

Three age Groups  
Ages 1-3  
Ages 4-7  
Ages 7-10

#### EACH GROUP WILL HAVE A GRAND PRIZE EGG!

Adults \$13.95  
Children Ages 4-10 \$8.95  
Three and under FREE

RSVP by calling the Club  
at 885-9516

### EASTER DAY BUFFET

#### SUNDAY, APRIL 24TH

Reservations between  
10:00 am and 2:30 pm

Entertainment: Pianist

#### Buffet to Include:

- Tomato Bisque
- Salad Display
- Fresh Fruit Display
- Spring Pasta Salad
- Loaded Fingerling Potato Salad
- Shrimp Cocktail
- Carved Prime Rib with Au Jus
- Carved Garlic and Rosemary Crusted Leg of Lamb with Port Wine Jus
- Macadamia Nut Crusted Mahi Mahi with an Herb Goat Cheese Cream
- Bacon Wrapped Chicken Breast with a Dijon Sauce
- Spring Vegetable Medley
- Green Beans
- Sun-Dried Tomato Pesto Whipped Potatoes
- Scrambled Eggs
- Bacon and Sausage
- Redskin Potato Home Fries
- Vanilla Bean Pancakes
- Assorted Desserts and Sundae Bar

Adults: \$20.95  
Children 4 to 10: \$8.95  
Three & Under: FREE

RSVP by calling the club  
at 885-9516.

**This is a sellout event! Make  
your reservations early.**

### Front the Golf Shop...

## NOTE FROM THE PRO:

I hope everyone has had a chance to play some place warm and escape from the cold. By now you have received the 2011 golf schedule in the mail, as well as some information on changes in the golf operation. The schedule and changes are to help increase utilization and to add more excitement at the club.

The Professional Staff will have some familiar faces, as well as, some new ones. John Vogel and Bill Juenger will be returning as assistant professionals. Debbie Block will be back as the buyer/retail manager. Greg Howard, Steve Johnston and Walt Bakle will all be returning as our starter and play assistants. In addition to being a starter and play assistant, Walt Bakle will also serve as Caddie Master. We are currently in the process of filling the rest of the positions for shop help and bag room staff.

As a reminder, if you have any clients, family or friends that you would like to entertain with golf at WHCC and need to reserve a tee time outside of

the Thursday morning week-in-advance tee time policy, the golf staff is more than happy to accommodate your needs. If you need assistance in this please contact one of the golf professionals.

Also, with our updated tee time software please make sure that the club has your up-to-date email address. With these updates, the system will email every member in the group once a tee time has been made, if a change has been made or if a cancellation has taken place. The system will also allow the golf staff to immediately email every member on the tee sheet if the course is closed and if tee times are delayed for situations as frost or fog. Members will experience an easier and more functional way to book tee times online. These upgrades will greatly enhance the service to our membership.

The 2011 Golf Season is just around the corner and I look forward to seeing all of you at the club.

Brian Sparks  
PGA Professional

## GOLF OUTINGS

If you are interested in planning a golf outing for 2011, now is the time to book your date!

We can accommodate a small group of up to 32 players on Wednesday afternoons with tee times beginning at 1:30 pm. Mondays are set aside for groups of 72 players or more.

Call the Golf Shop for details and available dates.

## GOLF LESSONS

Golf instruction will be available as soon as the ground thaws and the temperatures rise. Golf lessons are available to all members and can be made by calling the golf shop at 885-9128. Check out the website and upcoming newsletters for details on our instruction programs. The practice facility will be open April 1st (weather permitting).

## MARCH GOLF SHOP HOURS

Tuesday – Saturday  
9:00 am to 5:00 pm

Sunday  
9:00 am to 3:00 pm



### More Golf News...

#### LADIES GOLF CLINICS 2011

Our ladies golf clinics were hugely successful in 2010, so we will again offer ladies clinics this year. We have cut back on the dates available but we have added an additional 45 minutes to each session. Ladies may attend all of these clinics or just the ones they want to attend at \$15 per session. We do ask that ladies bring \$15 in the form of cash or check (made payable to Brian Sparks) prior to the start of each clinic. Listed below is the clinic schedule. These clinics will cover the short game because that is the area of the game that is the easiest way to lower scores.

*All Clinics are from 5:45 pm to 7:30 pm*

**Tuesday, May 3rd**  
Putting & Reading Greens

**Tuesday, May 24th**  
Chipping & Pitching

**Tuesday, June 7th**  
Bunker Shots

**Tuesday, June 21st**  
Shots from 40-100 yards

*Sign up in the Golf Shop by calling the club at 885-9128.*

#### UPCOMING GOLF EVENTS

##### MEN

April 16 - Opening Day  
April 17 - Blue Coat Round 1 Begins

##### WOMEN

April 26 - Opening Day  
ABCD Scramble  
April 28 - CWDGA  
Team Event

##### SENIORS

April 26 - Opening Day  
Scramble

##### FORE FUN

April 13 - Opening  
Informational  
Meeting  
April 27 - Alternate Shot

#### PRO SHOP MERCHANDISE

I was able to attend the PGA golf show this year and came back feeling energized and ready for a strong 2011. Color was the over emphasis, along with plaids in shorts for a statement!

Our core vendors for men will be Cutter& Buck, Adidas and Nike. We will also have an assortment of Polo Ralph Lauren, RLX by Polo, Under Armour and Fairway & Greene. I have also decided to try a collection of Puma Golf. Look for new styles of outerwear from a redesigned FootJoy and Zero Restrictions.

For ladies look for Ep Pro, Annika by Cutter&Buck, Nike and Adidas.

We will continue our commitment to be in stock in men's and ladies bottoms. If you do not see your size please ask. We will have back stock. Remember, if you do not see your size or color I would be glad to special order it for you!

Footwear for spring 2011 is looking strong! We will carry a full line of the Ecco Golf Street shoes for men and ladies. By committing to the street golf line we will be able to special order as needed.

I look forward to another great season in the golf shop! Please remember I am always willing to special order any apparel we do not have in your size or something you have seen somewhere else.

See you all soon!  
Debbie Block  
Buyer/Retail Manager

#### CADDIE TRAINING

WHCC is looking for some good caddies. This is a great way to make some money during the summer and learn the game of golf.

##### CADDIE CLASS SCHEDULE:

2:30 to 4:30 pm  
Saturday, April 30th  
Saturday, May 7th  
Saturday, May 14th

Caddies must attend 2 out of 3 of these classes to be eligible to caddie. If you were a caddie last year, you do not need to attend these classes but inform the Golf Shop of your wishes to caddie here again this year.

Call the Golf Shop to sign up at 885-9128.

#### DEMO DAY

**FRIDAY, MAY 6TH**  
3:00 to 7:00 pm

The Professional Staff will be hosting a Demo Day for major equipment companies. Cocktails and light hors d'oeuvres will be served from 5:30 to 7:00 pm.

Participating companies include: Titleist, Cobra, Taylor Made, Callaway, Cleveland, Mizuno, Nike, and More.

Try the newest equipment in golf technology and get your questions answered by the experts.

#### CORPORATE MERCHANDISE

If your business is in need of company logo apparel, hats, or balls, we can help you! We have a great selection of brands and our pricing is excellent.

We will meet or beat any competitor's price. Give us a chance to supply you with quality merchandise. Contact Debbie Block at 885-9516 or [dblock@worthingtonhills.com](mailto:dblock@worthingtonhills.com).





## Women's Golf News...

### MARK YOUR CALENDARS!!

#### WGA OPENING DAY

Tuesday, April 26th

Think spring and don't forget to mark your calendars for the WGA Opening Day. Sign up for golf can be made by calling the pro shop at 885-9128, and reservations for the banquet (to be held that evening) can be made separately by calling the club at 885-9516. Look for more details in the April newsletter.

#### INTERESTED IN JOINING THE WGA...

If you are not a member of the WGA and you would like more information regarding the WGA, please contact Amy Chapman at amychapman@columbus.rr.com. The WGA offers a social and competitive golf experience in a fun atmosphere. So come join us and THINK SPRING!

#### FORE FUN LADIES OPENING GET TOGETHER

Wednesday, April 13th

6:00 pm  
In the Worthington Room

Join us for this informational meeting and cocktail party with friends from the Fore Fun Group! All playing levels are encouraged to participate.

RSVP by calling the club at 885-9516 or email to reservations@worthingtonhills.com.

#### FORE FUN LADIES GOLF

Wednesdays, April 27th  
to August 31st

6:00 pm Shotguns

All players in the Fore Fun Group must have a golf membership, but do not need to be a member of the WHCC Women's Golf Association (WGA).

There will be a fun game each week including first, second and third place winners. Winnings will be in the form of merchandise credits that can be used the Pro Shop.

Per Person	\$5
Optional Cart Fee	\$9

If you are not interested in competing, there will be no charge (excluding cart fee).

Please feel free to contact any of the Fore Fun Ladies Night Committee Members if you have any questions, comments or ideas for the group. A committee member would be happy to be paired with any player their first few times on the course. Make this request when signing up to play.

**Renee Haas**  
847-5862  
rheas@embconline.com

**Susan Scott**  
785-9563  
sscott@citynet.net

Sign up by calling the Pro Shop at 885-9128, or online at worthingtonhills.com no later than 2:00 pm every Tuesday of play.

Anyone interested in joining other players for dinner and drinks after play should inform the Pro Shop when you sign up.

## Tennis News...

### NOTE FROM THE PRO:

Tennis season is right around the corner! If you're like me, you are about ready to trade in your platform paddle and your winter layers for short sleeves and tennis racquets. I know the staff and myself are ready for another great summer of tennis and fun at WHCC.

We are hoping to have another great summer of competitive and social tennis events along with another great junior program. Our staff will be largely the same group of talented individuals that we've had the past few years. We are looking to add a few new events to our social calendar as well as expanding a few of our already popular programs. If there's something you'd like to see out of our tennis program please contact me and I'll do my best to make it happen.

Please watch for next month's newsletter as well as the Kids Summer Newsletter, both will have a lot more details about the upcoming summer programs. Thanks to everyone for playing platform with me this winter I've had great time and look forward to it again next winter.

Amos Allison  
Head Tennis Professional

## WHCC WOMEN'S AND MEN'S TEAM TENNIS

Both men's and women's tennis programs at WHCC continue to grow! Last year we fielded 12 women's teams and 7 men's teams to compete in the Greater Columbus Tennis Association. This was the largest amount of participation from any club in the city!!

The women's levels for daytime teams are 2.5, 3.0, 3.5, 4.0, 4.5 and gold. Career is 3.0, 3.5, 4.0/4.5. The men have 3.0, 3.5, 4.0, open, gold, and silver.

Playing on these teams allows you to be part of a team that competes against other teams all over the city. It's a great way to keep your competitive juices flowing as well as meeting new people. If you prefer not to compete but would still like to be part of team, let us know and we'll explore some non-competitive opportunities for you. Our ladies representatives this year are:

#### Career Teams:

Jill Bell  
jillmcpPhill@yahoo.com

#### Daytime Teams:

Anne Marie Blevins  
amnblevins@gmail.com

#### Men's Teams:

Lee Hayes  
wlhdds@hotmail.com  
Brian Riddle  
msforhealth@aol.com

## TENNIS OPEN HOUSE

FRIDAY, APRIL 15TH

5:30 to 7:00 pm

Cocktails and Complimentary Light Hors D'oeuvres

This is a great opportunity to mingle with your tennis friends! Learn more about the extensive array of tennis programs and events for children, teens and adults that are going to be offered throughout the season.

**Tennis News...****TENNIS TEAM UNIFORMS:**

It is hard to believe, but team tennis will be here before we know it! The tennis committee listened to your feedback for 2011. They selected PRINCE Black Collection for price and styling. The colors will be black and white or red and white. I have submitted all of the order forms and I am looking for a delivery in early May. If you did not order a uniform, please fill out a form and I will check on availability. The forms are still available in the ladies locker room. I did order a few extra sizes in some styles, for new members.

We will round out the women's tennis selection with merchandise from Bolle, Tail and additional groups from Prince. I will also be expanding the men's selection of shirts from Prince. There was interest in shoes so I have opened an account with Prince footwear. I will order shoes on a special order basis only.

Thanks to the tennis committee for their support getting the uniforms selected and communicating to all the players!

Any questions or concerns, please call me at 885-9128.

Think Spring!  
Debbie Block

**TENNIS HUT MERCHANDISE**

I will be expanding the tennis accessories in the tennis hut this year. We will be carrying tennis racquet covers and bags from Cinda B and Glove It. We will have stationary, mugs, note cubes and refrigerator note pads. The hut will continue to have a Vera Bradley selection along with sandals from Eliza B.

Any suggestions of items you would like to see in the hut, please feel free to call or email me at 885-9128 or blockwhcc@gmail.com.

Looking forward to seeing everyone soon!  
Debbie

**Swim & Dive Team News...****IMPORTANT SWIM & DIVE TEAM DATES**

**SUNDAY, MAY 1ST**  
*Meet the Coaches and Mandatory Parent Meeting*  
3:00 to 5:00 pm

**MONDAY, JUNE 13TH**  
*Swim and Dive Team Pictures*  
2:00 to 6:00 pm

**SUNDAY, JULY 17TH**  
*Pasta Fire-Up*

**THURSDAY, JULY 21ST**  
*Swim and Dive Team Banquet*

**2011 SWIM & DIVE TEAM SCHEDULE**

**JUNE 11TH**  
Intersquad Meet & Breakfast with the Coaches

**JUNE 13TH**  
Home vs. New Albany CC

**JUNE 20TH**  
Away @ Tartan Fields CC

**JUNE 25TH**  
Developmental Meet @ Wedgewood CC

**JUNE 27TH**  
Away @ Scioto CC

**JULY 6TH**  
Away @ Wedgewood CC

**JULY 11TH**  
Home vs. Kinsale CC

**JULY 13TH**  
Dive Championships @ Jefferson CC

**JULY 18TH**  
Home - Tri Meet vs. Wedgewood CC and Medallion

**JULY 19TH**  
Championship Finals at New Albany CC

**Platform Tennis News...****MEN'S PLATFORM TENNIS CLUB CHAMPIONSHIPS**

**SUNDAY, MARCH 13TH**

After months of practice and league play, it's time to test your game against the best. Enter the Men's Championship

**Sign up with a partner in the paddle hut.**

The tournament is open to all members of the Platform Tennis Association.

**COLUMBUS OPEN**

The greater Columbus Platform Tennis Association thanks WHCC for the use of the paddle courts February 11th and 12th.

Teams from WHCC had respectable results. Dick Nourse and Lance Thompson lost in the Semi-Finals of the combination age 90+ event. Jill Gilbert and Karen Brown finished 6th in the Women's event at Scioto Country Club. Entering their first event, Scott Hauptman and Chris Zimmerman had a win and lots of fun.

Thanks again for the great support the club provided.

**Fitness & Wellness News...****PERSONAL TRAINING**

Looking to change up your workout? Hiring a personal trainer is a great way to maximize your workout results.

**TRAINING RATES**  
**Half Hour Sessions**  
1 session - \$30  
4 sessions - \$100  
8 sessions - \$180  
10 sessions - \$200  
12 sessions - \$210

**Hour Sessions**  
1 session - \$50  
4 sessions - \$160  
8 sessions - \$280  
12 sessions - \$360

Also ask about our workout deals for 2 people! What's more fun than getting fit with a friend?

**MASSAGE THERAPY**

Our three 1-hour massages for \$150 special is now part of our permanent price list for massage. Please call or stop in to purchase your package and schedule your massage today.



## CLASS DESCRIPTIONS

**Boot Camp** - A cardiovascular workout combined with strength-training intervals designed to equally challenge the heart & major-muscle groups. This intense workout includes such drills as suicide runs, plyometrics, lunges, push-ups, and challenging lifting to see maximum results.

**Guts & Butts** - Everyone loves to hit these target "problem" areas in class. This class specifically targets your core and legs to tone and tighten them throughout the workout. This is a great follow-up to the Quick Hit class.

**Slow Flow Yoga\*** - A gentle, s-l-o-w style of Hatha Yoga where the focus is the movement coordinated with the rhythm of the breath, to reduce stress & ease tension. You will work at your own pace and, over time, may experience increased strength as well as flexibility. All levels welcome-come relax & breathe with us!

**Senior Fit** - Features strengthening, flexibility, and cardiovascular exercises all modified for the senior audience.

**Cardio Strength & Core\*** - 30 minutes of total body conditioning and 30 minutes of Mat Pilates.

**Body Blast** - A great training experience that combines strength endurance training & cardiovascular fitness training in one intense fitness program. From plyometrics to core strength to muscle conditioning, this class challenges people of all levels of fitness and athletic capabilities to progress to previously unobtainable fitness levels.

**Spinning\*** - Get ready for a workout adventure. Spinning is a world-renowned group exercise class of indoor cycling. Let this class take you to new heights physically and mentally. This class can be as moderate or as challenging as the rider chooses to exercise. Remember your water and towel!

**Nia** - a dynamic, no-to-low-impact program, that is designed to allow each person to move their body's way. Each routine sets a focus and intention to allow you to connect to Your Body and move to a wide mix of music. No previous experience necessary; Nia is adaptable to all fitness levels (and injuries). Join us for a Sensational hour! Like chocolate, you just have to try it!

All classes with an **\*asterisk\*** are \$4 per class. You can also purchase an unlimited month for a single person for \$25 and \$40 for a couple/family.

## GROUP EXERCISE SCHEDULE

	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
6:00 am	Spinning*	Boot Camp	Cardio Weights*		Spinning*		
7:00 am						7:30 am Spinning and Abs*	
8:00 am		8:15 am Nia				8:30 am Quick Hits*	
9:00 am	9:10 am Spinning*				9:10 am Spinning*	9:30 am Guts & Butts	
9:30 am		Spinning*	Spinning*				
10:00 am	Cardio Strength & Core*				Cardio Strength & Core*		
10:30 am			Body Blast*				
11:00 am	Slow Flow Yoga*					Core Epress/ Spin Express*	
1:00 pm	Senior Fit		Senior Fit		Senior Fit		
2:00 pm							
3:00 pm							
4:00 pm							
5:30 pm		Core Epress/ Spin Express*					
6:00 pm			Cardio Strength / Core	Core Epress/ Spin Express*			
6:30 pm		Boot Camp					
7:00 pm			Core Epress/ Spin Express*	Slow Flow Yoga*			
7:30 pm	Spin / Strength*	Slow Flow Yoga*					



Worthington Hills Country Club

www.worthingtonhills.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> Senior Tribute Night	<b>2</b>	<b>3</b> Ladies Book Club Kids Eat FREE	<b>4</b> Membership Happy Hour	<b>5</b>
<b>6</b> Sunday Brunch	<b>7</b> Clubhouse Closed Fitness Center Open	<b>8</b> Senior Tribute Night	<b>9</b>	<b>10</b> Kids Eat FREE	<b>11</b> Adult Spring Break Party	<b>12</b> Steak Night
<b>13</b> Sunday Brunch	<b>14</b> Clubhouse Closed Fitness Center Open	<b>15</b> Senior Tribute Night	<b>16</b> Ladies Night Happy Hour	<b>17</b> NCAA Tournament Brackets Due Kids Eat FREE	<b>18</b> Bonus Membership Happy Hour	<b>19</b>
<b>20</b> Sunday Brunch	<b>21</b> Clubhouse Closed Fitness Center Open	<b>22</b> Senior Tribute Night	<b>23</b>	<b>24</b> Kids Eat FREE	<b>25</b> Seafood Raw Bar Special	<b>26</b> Kids Cooking Class Euchre Night
<b>27</b> Sunday Brunch	<b>28</b> Clubhouse Closed Fitness Center Open	<b>29</b> Senior Tribute Night	<b>30</b> Adult Cooking Class	<b>31</b> Kids Eat FREE	* Men's & Couples Lounge Specials Every Wednesday, Thursday and Friday!	



# CLUB VIEWS

WORTHINGTON HILLS COUNTRY CLUB

920 Clubview Boulevard South  
Columbus, Ohio 43235  
(614) 885-9516  
Fax: (614) 436-3090  
www.worthingtonhills.com

For Dining Reservations, always call  
(614) 885-9516

## COUPLES LOUNGE & GRILL ROOM

Tuesday - Thursday 11:00 am to 9:00 pm  
Friday 11:00 am to 9:00 pm  
Saturday 9:00 am to 9:00 pm  
Sunday 9:00 am to 3:00 pm  
*(Note: No food service between 3:00 pm to 5:00 pm)*

## MEN'S LOUNGE

Tuesday - Thursday 10:00 am to 6:00 pm  
Friday 10:00 am to 11:00 pm  
Saturday 8:00 am to 11:00 pm  
Sunday 8:00 am to 5:00 pm  
*(Lunch service available from 11:00 am to 3:00 pm)*

## FITNESS

Monday - Friday 5:30 am to 9:30 pm  
Saturday 8:00 am to 9:00 pm  
Sunday 8:00 am to 8:00 pm

## CHILDCARE

Monday & Wednesday 8:00 am to 1:00 pm  
Tuesday, Thursday - Saturday 8:00 am to 1:00 pm  
and 5:00 to 9:00 pm  
Sunday Closed

## GOLF PRO SHOP

Monday - Saturday 9:00 am to 5:00 pm  
Sunday 9:00 am to 3:00 pm